

FORM BEST PRACTICES CONTEST

Municipality CHAUDFONTAINE

Country BELGIUM

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Name project

City Health : "Prevention of the diabetes"

Category Certification Criteria

- Energy and environmental policies (politiche energetiche e ambientali);
- Infrastructure policies (politiche infrastrutturali);
- Quality of urban life policies (politiche per la qualita' urbana);
- Agricultural, touristic and artisan policies (politiche agricole, turistiche, artigianali);
- Policies for hospitality, awareness and training (politiche per l'ospitalita, la consapevolezza e la formazione);
- Social cohesion (coesione sociale).

Summary project

- Free tasting os leeks and purslane soup
- Testing (Belgian Association of the Diabetes) 2 days on the public markets
- Animations for children by nursing staff, the raising awareness (the sensitization) to the physical exercise and to the healthy food

Goal project

To Make sensitive the population, and mainly the youngests, in the factors of diabetes prevention

Result project

- 300 inhabitants for the tasting and 52 testings
- children from 10 to 12 years old (at school)

Finance (costs and benefits)

400 € (furnitures)

Staff (time use and saving)

Municipality department of social affairs with the collaboration of schools, Provincial Health Department and the Belgian Diabetes Association- The vegetables has been produced by a local farmer

Additional information (if necessarily)

Link website

(if available)

Once filled in this form please send it to: m.zedda@censis.it , s.sampaolo@censis.it
and info@cittaslow.net

